

PRODUCT INFO

GREENS ON THE GO™ {BERRY}

ALKALIZING DRINK POWDER

Alkalize, energize, and detoxify wherever you go with Greens on the Go. This convenient, single serving packet of Greens™ fits easily in your purse, desk drawer, or travel bag so you can experience increased energy, improved immune system health, a clean-running digestive system, and a detoxified, pH-balanced body no matter where the day takes you.

Greens' pH-balancing blend includes an acidity-fighting combination of magnesium and potassium for an alkaline body that's healthier and more energized. A cutting-edge probiotic helps you maintain that healthy balance by keeping your digestive system regular and toxins flowing out. With the nutrition of 8+ servings of fruits and vegetables and a blend of 38 herbs and nutrient-rich superfoods, Greens provides naturally occurring vitamins, minerals, phytonutrients, and enzymes to give your already well-balanced diet a nutritional boost.

Just mix, shake, and take your Greens on the Go!

- Detoxify, energize, and promote pH balance within the body
- Acidity-fighting magnesium and potassium blend
- Cutting-edge probiotic support for digestive health
- 38 herbs and nutrient-rich superfoods
- 8+ servings of fruits and vegetables in every packet
- Free radical-fighting antioxidants
- Sweet berry flavor

DIRECTIONS

Mix one packet with 8 fluid Ounces of water or juice. Mix thoroughly. Avoid using 3-4 hours prior to bedtime. Drink at least 8 glasses of water daily.



US LABEL & OTHER INGREDIENTS

Supplement Facts

Serving Size: 1 stick packet (4.25 g)
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	10	
Calories from Fat	5	
Total Fat	0.5 g	<1%*
Total Carbohydrate	<1 g	<1%*
Magnesium (as dimagnesium malate)	50 mg	12%
Potassium (as potassium citrate)	260 mg	7%

Proprietary Blend:	2,231 mg	**
Soy lecithin (97% phosphatides), soy protein isolate, <i>Spirulina pacifica</i> , apple fiber, barley grass, eleuthero root extract, brown rice flour, alfalfa leaf, barley malt, beet juice powder, royal jelly, <i>Bacillus coagulans</i> (LactoSpore®), acerola, chlorella, milk thistle seed, astragalus root extract, green tea leaf extract, <i>Ginkgo biloba</i> leaf extract, dulse, bilberry extract, and aloe vera gel		
Proprietary Blend:	330 mg	**
Broccoli, black walnut leaf powder, blackberry fruit, blueberry fruit, corn silk stylus, cranberry, dandelion leaf, goldenseal herb (aerial parts), kale, lemon grass, marshmallow root, meadowsweet herb (aerial parts), oat straw (aerial parts), papaya leaf, parsley, pau d'arco bark, plantain leaf, red raspberry leaf, rose hips, rosemary leaf, slippery elm bark, spinach, strawberry fruit, tomato, turmeric root, watercress, white willow bark, and okra		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

Other Ingredients: Natural flavors, malic acid, citric acid, stevia leaf extract, and silica.

Contains soy.

All Ingredients Non GMO.



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FREQUENTLY ASKED QUESTIONS

What is Greens on the Go?

Greens on the Go gives you all of the energizing, detoxifying, and alkalizing benefits of Greens™ in a convenient packet you can take with you anywhere. With a blend of 38 herbs and nutrient-rich superfoods that provides vitamins, minerals, phytonutrients, and enzymes, the nutrients found in Greens are at their highest naturally occurring, bioactive, bioavailable form to ensure maximum absorption by your body. The natural blend of ingredients in Greens, including an acidity-fighting combination of magnesium and potassium, is designed to alkalize the body and restore pH balance. An unbalanced body can suffer severe and prolonged damage due to high acidity, making an acidic body more prone to sickness. With restored alkalinity, your body experiences improved immune system health and increased energy.

Raw fruits and vegetables are the best foods for combating acidity and restoring alkalinity in the body. Greens gives you the nutrients of 8+ servings of fruits and vegetables in every packet!

Can I skip some of my servings of fruits and vegetables if I take Greens every day?

It can be hard to get enough servings of the fruits and veggies you need in all of your meals every single day. With the equivalent of 8+ servings of fruits and vegetables and a blend of 38 herbs and nutrient-rich superfoods, Greens gives a big nutritional boost to your already healthy diet. Greens is not intended to be a substitute for the fresh fruits and vegetables that are so important to your health.

Why is magnesium and potassium important for alkalizing the body?

All fresh fruits and vegetables have important alkalizing benefits, but a diet of those highest in potassium is best for maintaining an alkaline, pH-balanced body. Each serving of Greens provides 260 mg of potassium in the form of potassium citrate, the strongest alkalizing agent found in citrus fruit. An acidic body is not only low in potassium, but likely low in magnesium as well, as magnesium is important for regulating your body's potassium levels. When your body is unbalanced and overly acidic, it tries to counteract that acidity by releasing calcium and magnesium from the bones to promote an alkaline pH, which can lead to a magnesium deficiency within the body.

Greens' alkalizing blend of potassium and magnesium helps to restore adequate supplies of both of these vital minerals that your body needs to maintain a healthy pH balance.

How is the probiotic in Greens important for detoxification?

A healthy digestive system is crucial to keeping the body balanced and detoxified by adequately removing toxins and waste. Greens includes LactoSpore®, a cutting-edge probiotic to help the body maintain an optimal balance of healthy bacteria in the digestive tract, helping to keep your digestive system regular and maximizing nutrient absorption within the body.



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FREQUENTLY ASKED QUESTIONS CONT.

How is Greens different from Regular™?

With a cutting-edge probiotic, 38 natural herbs, and the equivalent of 8+ servings of fruits and vegetables, Greens is the foundation for good digestive health and your best overall health. Regular more specifically supports healthy colon function and ensures daily removal of toxins and waste. For those with digestive health concerns, Greens and Regular together provide superior digestive support.

What kinds of berries are in Greens-Berry?

Both the orange and berry flavors of Greens contain fruit from blackberries, blueberries, cranberries, strawberries, and red raspberry leaf as part of the blend of 8+ servings of fruits and vegetables. Greens-Berry contains natural flavoring to give it a sweet berry taste.

What does Greens-Berry taste like?

Greens-Berry gives your 8+ servings of fruits and veggies a delicious berry blend taste, sweetened with natural stevia leaf extract.

The label says to avoid taking Greens 3-4 hours before bedtime. Why is that?

All of the high-quality vitamins, minerals, phytonutrients, and enzymes within Greens are invigorating to the body. Many people feel quite energized after taking Greens and have a difficult time settling down to sleep. For that reason, we recommend that you not take Greens 3-4 hours prior to bedtime.

Can I take Greens if I am pregnant?

We suggest that you consult your physician prior to using any of our products if you are pregnant or nursing.

Can I give Greens to my children?

Greens is designed for adult use and is not recommended for children. Always consult your pediatrician before giving any supplements to children.

Does Greens contain gluten?

Yes, it does contain a small amount of gluten.

Are the ingredients in Greens Non GMO?

Yes, the ingredients in Greens are Non GMO.

Does Greens contain fermented soy?

Yes, Greens contains fermented soy.

